



COVID-19 RESOURCE GUIDE

Dear Friend,

For the last month, the COVID-19, or Coronavirus, pandemic has severely disrupted the lives of Michiganders, Americans, and the world. To help combat and contain the spread of the pandemic, states and the federal government have taken action to help residents and provide resources to compensate for possible financial losses due to the Coronavirus.

As I continue to fight for the residents of the 14th district of Michigan in Congress, I wanted to share the following resources that may be useful during this difficult time. If you have any questions or concerns, please call my district office at 248-356-2052. My staff is working remotely and ready to assist.

Please continue to wash your hands and practice social distancing as recommended by the Centers for Disease Control and Prevention. Stay Home! Stay Safe! Save Lives!

Congresswoman Brenda Lawrence – (MI-14)



Health Care:

If you feel sick or are exhibiting any symptoms, stay home and call your health care provider. If you do not have one, or have questions about your symptoms, please call the appropriate health authority:

- **Oakland County:**
Nurse on Call: 800-848-5533 / Helpline (non-medical issues): 248-858-1000
- **Wayne County:**
Wayne County Health Department: 734-287-7870
- **City of Detroit:**
Detroit Health Department: 313-876-4000

Southeast Michigan Hospital and Public Health Hotlines and Screening Sites:

- **Henry Ford Hospital**
Hotline: 313-874-1055, 8 a.m. – 5 p.m. Monday-Friday
- **Ascension Southeast Michigan Hospitals (St. John Hospital, Providence Southfield)**
Hotline: 833-981-0738

***Triage Areas:** Ascension Michigan ministries have established COVID-19 triage areas near all emergency departments. This includes: Ascension Macomb-Oakland, Warren Campus, Ascension Macomb-Oakland in Madison Heights, Ascension St. John Hospital, Ascension River District, Ascension Providence Rochester Hospital, Ascension Providence Novi Hospital, and Ascension Providence Southfield Hospital.*

- **Beaumont Health**
Hotline: 1-800-592-4784

Curbside Screening Sites:

- Dearborn, Royal Oak, Troy, 6 a.m. – 2 a.m.
Grosse Pointe, Farmington Hills, Taylor, Trenton and Wayne, 10 a.m. – 10 p.m



Coronavirus Community Care Network Drive-Thru Testing:

Beginning Friday, March 27, Coronavirus Community Care Network (CCCN) will launch a drive thru testing site.

Location:

Joe Dumars Field House (located at the Michigan State Fairgrounds)
1120 W State Fair Ave, Detroit, MI 48203
7 a.m. – 6 p.m., Monday – Saturday
March 28th – May 8th

Who can get tested?

- Individuals who have received a testing order from their doctor and have a scheduled appointment with the CCCN Call Center can get tested.
- COVID-19 testing will be available to any resident of the tri-county region (Wayne, Oakland, and Macomb County).

Steps to Get Tested:

- Visit your doctor if you believe you have COVID-19, are showing symptoms, or have come in contact with an infected person
- Your doctor will schedule an appointment for you and call in a prescription for a test if they believe you have COVID-19

OR

Your doctor will give you a written prescription to receive a test and instruct you to make an appointment through the CCCN Call Center

How to make an appointment:

- Call the CCCN at 313-230-0505, 9 a.m. – 7 p.m., Monday – Sunday
- You must bring a valid ID and any written testing order or prescription from your doctor

REMEMBER: Individuals who do not have an appointment and a physician order will not be tested.

For information relating to state guidance issued by the Governor, please visit:

- www.Michigan.gov/coronavirus or call 888-535-6136



For guidance on best practices or general information from a health standpoint, please visit:

- Centers for Disease Control and Prevention: www.cdc.gov/coronavirus
- For guidance in other languages, please see below:
 - [Spanish](#)
 - [Arabic](#)
 - [French](#)
 - [Chinese](#)
 - [Vietnamese](#)
 - [Russian](#)

For issues relating to the Food & Drug Administration, please see below:

If an individual or health care provider has a question or is experiencing shortages of Personal Protective Equipment or other supplies, **please call 1-888-463-6332**, and select option (*). Although FDA does not control the production or distribution of medical devices, they may be able to provide guidance.

If you, or anyone you know, needs mental health support, please see below:

The Substance Abuse and Mental Health Services Administration (SAMHSA) operates a 24/7, 365 day-a-year hotline dedicate to providing crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, **please contact: 1-800-985-5990**

Food Banks:

To find a food bank in your community, please visit the following websites:

- **Feeding America:** www.feedingamerica.org/take-action/coronavirus?s_onsite_promo=lightbox
- **Meals on Wheels:** www.mealsonwheelsamerica.org/find-meals
- **Gleaners Community Food Bank** has increased food distribution sites for families and children in Metro Detroit. [Here](#) are a list and map (right) of food drives.
- **Lighthouse:** www.lighthousemi.org/update-on-covid-19/
- Michigan families can now look up sites where they can pick up free meals for their children while schools are closed due to the coronavirus outbreak. Please use [this interactive map, which you can link to here](#), to find sites where families can get “pick and go meals.”



- **Michigan Muslim Community Council** will provide grocery delivery service for senior citizens living in Metro Detroit. Call **734-325-4134** between 10 a.m. and 1 p.m. to place an order. Volunteers can sign up here.

Small Business:

Businesses and non-profits in the district can start the process by collecting relevant information needed to apply for loans. Examples can be found here:

disasterloan.sba.gov/ela/Information/PaperForms

For additional information, please visit the SBA's Coronavirus website:

www.sba.gov/disaster-assistance/coronavirus-covid-19, or call the SBA's national disaster relief line: **800-659-2955**

The Michigan Small Business Development Center can also provide resources for small businesses impacted by COVID-19. Visit their website for additional information: sbdcmichigan.org/small-business-covid19/

You can also visit the Michigan SBA office in Detroit, Michigan to address your specific case and ensure you are selecting the right SBA disaster assistance loan. Please visit their website: www.sba.gov/offices/district/mi/detroit

Wayne County and TCF Bank have partnered to quickly provide thousands of dollars to small businesses in the county who now find themselves struggling amid the COVID-19 pandemic. To learn more visit, tcfbank.com/waynecounty and chemicalbank.com/waynecounty.

Workplace Safety:

The Occupational Safety and Health Administration (OSHA) has resources to help employers and workers prepare for and respond to coronavirus in the workplace.

- [OSHA Guidance on Preparing Workplaces for COVID-19](#) – Developed in collaboration with the U.S. Department of Health and Human Services to help employers respond in the event of coronavirus in the workplace.
- [Temporary OSHA Guidance on Respiratory Protection Standard](#) – This guidance provides suggestions and options to help increase the availability of N95 filtering face-piece respirators for healthcare providers.



- [COVID-19 Webpage](#) – Provides infection prevention information specifically for employers and workers.

Social Security:

For any questions relating to Social Security benefits, please visit their Coronavirus-specific website: www.ssa.gov/coronavirus/

Internal Revenue Service/Treasury:

In the last few weeks, Congress has passed legislation to assist small- and mid-sized businesses through tax credits.

For further information on how Treasury, the IRS, and the Department of Labor plan to implement these credits, please visit [here](#).

For additional questions or concerns regarding the IRS, please visit their Coronavirus-specific webpage: www.irs.gov/coronavirus

Wage, Hours, and Leave:

The Wage and Hour Division is providing [information on common issues employers and workers face when responding to COVID-19](#), including the effects on wages and hours worked under the Fair Labor Standards Act and job-protected leave under the Family and Medical Leave Act.

Work Share is a program that permits employers to maintain operational productivity during declines in regular business activity instead of laying off workers. Find out more, please visit [here](#).



COVID-19 Unemployment Resources for Employees and Employers

The Employment and Training Administration announced [new guidance outlining state flexibilities in administering their unemployment insurance programs to assist Americans affected by the COVID-19 outbreak.](#)

Under the guidance, federal law permits significant flexibility for states to amend their laws to provide unemployment insurance benefits in multiple scenarios related to COVID-19. For example, federal law allows states to pay benefits where:

- An employer temporarily ceases operations due to COVID-19, preventing employees from coming to work;
- An individual is quarantined with the expectation of returning to work after the quarantine is over; and
- An individual leaves employment due to a risk of exposure or infection or to care for a family member.

In addition, federal law does not require an employee to quit in order to receive benefits due to the impact of COVID-19.

Please click [here](#) for Michigan-specific information.

[Learn how to file for unemployment insurance benefits.](#)

[Claiming Unemployment Benefits in Michigan: COVID-19 Guide](#)

[Oakland County Online Resources for Workers Impacted by COVID-19](#)

Dislocated Workers:

The Employment and Training Administration announced the [availability of up to \\$100 million in National Health Emergency Dislocated Worker Grants to help states, territories, and tribal governments respond to the workforce-related impacts of COVID-19.](#)



Job Corps Students:

The Employment and Training Administration announced that it is initiating a [break for students at all 121 Job Corps centers from March 16 through April 14, 2020](#). The spring break period may be extended beyond April 14, 2020.

Injured Federal Workers:

The Office of Workers' Compensation Programs has published [guidance for federal employees outlining Federal Employees' Compensation Act coverage as it relates to the novel coronavirus](#).

Federal Contractors:

The Office of Federal Contract Compliance Programs has issued a [National Interest Exemption to facilitate response efforts for COVID-19](#).

Foreign Labor Certification:

The Office of Foreign Labor Certification's [frequently asked questions regarding COVID-19](#).

COVID-19 Resources for Education:

Federal Resources for Elementary and Secondary Schools:

- [Supplemental Fact Sheet](#)- Addressing Serving Children with Disabilities during COVID-19 national emergency
- Broad flexibilities provided to states to [bypass ESSA mandated testing](#) for the 2019-2020 school year due to COVID-19 national emergency. State education leaders can find the [waiver application here](#).
- [Fact Sheet: Addressing the Risk of COVID-19 in Schools While Protecting the Civil Rights of Students \[PDF, 385KB\]](#)
- [OCR Short Webinar on Online Education and Website Accessibility Webinar \(Length: 00:07:08\)](#)
- [Protecting Student Privacy: FERPA and the Coronavirus](#)
- [Questions and Answers on Providing Services to Children with Disabilities During the COVID-19 Outbreak](#)



- [Fact Sheet: Impact of COVID-19 on Assessments and Accountability under the Elementary and Secondary Education Act](#)
- [CDC Interim Guidance for Administrators of US K-12 Schools and Childcare Programs: Plan, Prepare, and Respond to Coronavirus Disease 2019 \(COVID-19\) \(updated March 12, 2020\)](#)
Other Languages: [Español](#) | [中文](#)
- The [Readiness Emergency Management for Schools \(REMS\) Technical Assistance \(TA\) Center](#) website, https://rems.ed.gov/Resources_Hazards_Threats_Biological_Hazards.aspx, has useful information, resources, trainings, and tools for addressing infectious diseases, related topics, and protecting the school community.
- The USDA released new information on [flexibilities that will allow students to access meal service during school closures](#).
- The Office for Civil Rights issued a [Letter to Education Leaders on Preventing and Addressing potential discrimination associated with COVID-19](#).
- [Environmental Cleaning and Disinfection Recommendations: Interim Recommendations for US Community Facilities with Suspected/Confirmed Coronavirus Disease](#)

Additional Resources for Higher Education Institutions:

- Federal Student Aid issued [Coronavirus Information for Students, Borrowers, and Parents](#)
- The Office of Postsecondary Education issued a [COVID-19 FAQ](#) and [Guidance for interruptions of study related to Coronavirus \(COVID-19\)](#)
- The Office of Postsecondary Education issued [Information for Accrediting Agencies Regarding Temporary Flexibilities Provided to Coronavirus Impacted Institutions or Accrediting Agencies](#)



- U.S. Immigration and Customs Enforcement (ICE) issued guidance on [Coronavirus Disease 2019 \(COVID-19\) and Potential Procedural Adaptations for F and M Nonimmigrant Students](#)
- The CDC issued [Interim Guidance for Administrators of US Institutions of Higher Education \(IHE\) to Plan, Prepare, and Respond to Coronavirus Disease 2019 \(COVID-19\)](#)

COVID-19 Resources for Veterans:

Information regarding the Department of Veterans Affairs:

Since this situation is evolving rapidly, we encourage veterans and their families to consult [VA's Website](#) for the most current information. Guidance from local VA medical facilities about their current operating status is available on each facility's website, which can be found through [VA's Facility Locator Tool](#).

What should veterans do if they think they have COVID-19?

Before visiting local VA medical facilities, community providers, urgent care centers, or emergency departments in their communities, veterans experiencing COVID-19 symptoms — such as fever, cough, and shortness of breath — are encouraged to call their VA medical facility or call MyVA311 (844-698-2311, press #3 to be connected). Veterans can also send secure messages to their health care providers via [MyhealthVet](#), VA's online patient portal. VA clinicians will evaluate veterans' symptoms and direct them to the most appropriate providers for further evaluation and treatment. This may include referral to state or local health departments for COVID-19 testing.

What about routine appointments and previously scheduled procedures?

VA is encouraging all veterans to call their VA facility before seeking any care — even previously scheduled medical visits, mental health appointments, or surgical procedures. Veterans can also send secure messages to their health care providers via [MyhealthVet](#) and find out whether they should still come in for their scheduled appointments. VA providers may arrange to convert appointments to [Video Visits](#), where possible and veterans should feel free to request telehealth appointments from their VA providers.



Can visitors still access VA medical facilities?

Many VA medical facilities have cancelled public events for the time being, and VA is urging all visitors who do not feel well to postpone their visits to local VA medical facilities. Facilities have also been directed to limit the number of entrances through which visitors can enter. Upon arrival, all patients, visitors, and employees will be screened for COVID-19 symptoms and possible exposure.

What about VA nursing homes and spinal cord injury units?

On March 10, 2020, [VA Announced](#) that its 134 nursing homes (also called VA community living centers) and 24 spinal cord injury and disorder centers would be closed to all outside visitors. All clinical staff will be screened for COVID-19 daily before entering the nursing home or spinal cord injury units, and staff will work only within those units to limit possible transmission of the virus. Exceptions to the visitor policy will only be made for cases when veterans are in their last stages of life on hospice units or inpatient spinal cord injury units.

Crisis Hotline:

The significant impact COVID-19 has on daily routines may cause unanticipated stress on some veterans in crisis. Help is available for veterans in crisis by calling the Veteran Crisis Line at 1 (800) 273-8255 and pressing 1, at [VeteransCrisisLine.Net/Chat](https://www.veteranscrisisline.net/Chat), or by texting 838255.

Centers for Disease Control and Prevention:

The CDC released [Guidelines](#) individuals can follow to protect themselves and their communities from COVID-19.

COVID-19 Resources for Seniors:

Oakland County:

[Oakland County Senior Center Toolkit](#)

[Oakland County Executive Dave Coulter's Special Telephone Townhall for Senior Citizens on COVID-19.](#)

Wayne County:

[Wayne County Senior Services Resources](#)



City of Detroit:

[Guidance for Seniors, Older Adults & Chronic Medical Conditions](#)

Housing:

For information about services offered by the Department of Housing and Urban Development, please visit: www.hud.gov/coronavirus

Overseas Travel:

The U.S. Department of State advises U.S. citizens **to avoid all international travel** at this time due to the global impact of COVID-19. Even countries, jurisdictions, or areas where cases have not been reported may restrict travel without notice.

The State Department is working with countries and international airlines to secure permits and transportation for Americans in need of travel back to the United States. To assist in these efforts, Americans stuck abroad should register through the State Department's [Smart Traveler Program \(STEP\)](#). This is a free service to allow U.S. citizens and nationals traveling and living abroad to enroll their trip with the nearest U.S. Embassy or Consulate.

The State Department has also published country-specific resources [here](#). Finally, the State Department is operating a 24/7 emergency hotline for Americans impacted by COVID-19.

For callers in the U.S. and Canada, the number is **888-407-4747**

For those dialing from overseas, the number is **202-501-4444**

Contact My Office:

Office Locations

- Southfield, Michigan – **248-356-2052**
- Washington, D.C Office – **202-225-5802**